

PATIENT CENTERED MEDICAL HOME (PCMH) PROGRAM

Kadena Medical Clinic's Family Health Clinic focuses on the Patient Centered Medical Home model implemented by the Air Force Medical Service (AFMS). This model of health care is designed to permit consistency with your provider and greater flexibility when scheduling patient appointments. The goal is to create an enjoyable practice environment that promotes and delivers quality, evidence based care to our patient population.

How does this affect you?

- A strong focus on seeing your provider or provider team consistently.
- Allows greater focus on your wellness and clinical preventive services - Improved access to care
- Family Health Team works hand in hand with the Health Management Team for chronic illness

What is Health Management?

- An organized effort to achieve desired health outcomes in populations with prevalent, often chronic diseases such as diabetes or asthma
- Purpose is to equip the patient with information and a self-care plan to manage their own health and prevent complications that may result from poor control of disease process
- Care with a focus on prevention

What can **YOU** expect: Regular contact with a Health Manager - One on one discussion of your health condition, medications, labs, prevention measures or other needs you may have - Collaboration and coordination with your Health Team to provide you with comprehensive care - A consistent "go to" person. Our goal is to help **YOU** manage your health